

Switching the Field RESOURCES

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Should My Child Play Up?

In order to determine whether or not it is appropriate for a child to play in an older age group, we must first determine if the child is ahead of his/her peers physically and cognitively. Once that is concluded, find the quadrant below that corresponds to both the physical and cognitive developmental stages of the child to see the appropriateness of playing up. In determining the developmental stages of children, it is recommended to seek professional guidance.

		Physically ahead	
	Possibly appropriate to play up	Most likely appropriate to play up	
Cognitively average or behind	Not appropriate to play up	Unlikely appropriate to play up	Cognitively ahead
		Physically average or behind	